

# Falling in Love with the Everyday

## A Valentine Mini Writing Calendar

<p><b>Day 1</b> <i>Something Ordinary</i></p> <p><i>Fall in love with something ordinary today: the sky, a pencil, a crack in the sidewalk. Write a few lines about what you noticed.</i></p>	<p><b>Day 2</b> <i>A Sound</i></p> <p><i>Fall in love with a sound: birdsong, traffic, a voice, silence. What did your ears teach your heart?</i></p>	<p><b>Day 3</b> <i>Light</i></p> <p><i>Notice light today, where it lands, how it moves. Write about one moment of light that stayed with you.</i></p>	<p><b>Day 4</b> <i>A Living Thing</i></p> <p><i>Fall in love with something living: a tree, a dog, a spider, a person passing by. Describe it with care.</i></p>
<p><b>Day 5</b> <i>A Word</i></p> <p><i>Fall in love with a word today, one that feels good to say in your mouth. Write it down. Say it aloud. Let it lead.</i></p>	<p><b>Day 6</b> <i>A Small Ritual</i></p> <p><i>Notice a small ritual that brings you comfort or joy: morning coffee, walking the dog, lighting a candle. Write a few lines about why it matters.</i></p>	<p><b>Day 7</b> <i>Surprise</i></p> <p><i>Fall in love with something you didn't expect. What surprised your heart today?</i></p>	<p><i>Each time we fall in love, something that was closed inside us opens, and creativity begins to flow.</i></p>

### How to use this calendar:

*Fall in love through small moments of noticing. Write just a few lines; five minutes is enough.*

*There are seven invitations here, meant to be returned to slowly.*

*As Valentine's Day approaches, choose one that stays with you and write a short poem from it – a small offering of love.*